



Bluenesse® - The innovation for cognitive performance

- Bluenesse® is an exclusive Melissa officinalis extract developed to support cognitive performance
- In vitro and human studies as well as phytochemical investigation confirmed that Bluenesse® supports:
 - ✓ Alertness / concentration / mental focus
 - ✓ Working memory
 - √ A calm, positive mood
 - √ Ability to cope with occasional stress
 - ✓ Improvement of age-related cognitive impairment
- 300mg daily dosage can be incorporated into food supplements, foods and beverages
- Bluenesse® can be taken on demand effects are created within one hour of intake and are still measurable after three hours
- Vital Solutions research and extensive know-how in natural products enabled them to identify a special lemon balm breeding line supporting cognitive effects, particularly alertness and memory
- Each batch of Bluenesse® undergoes bioassay-guided efficacy testing to confirm cognitive effects – this is a new dimension of quality control
- Bluenesse® Bridging the gap between a traditional European herb and an innovative technologies

Can you imagine you've gone into the kitchen and Can't remember why

Can you imagine
a 50 years school
anniversary and you
know all names?

Can you imagine an exam, where you stay cool and have a brilliant mind?

Memory changes can be frustrating, but thanks to research, there are strategies to protect & sharpen our minds.



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Bluenesse® - Product information

Bluenesse® is obtained by water extraction out of a special breeding lines of *Melissa officinalis (L.)* leaves an annual edible herb native to Europe



- Melissa officinalis is a member of the family Lamiaceae
- Its common names are: Lemon balm (EU, USA); Melisse (Germany)
- Bluenesse® is a proprietary Melissa officinalis leaf extract, standardized on muscarinic M1 receptor affinity and on rosmarinic acid, determined by HPLC

- Bluenesse® modern, state of the art production facilities and GMP compliant production conditions ensure reproducible quality of the products
- Bluenesse® has a pleasant taste and is a water soluble fine beige powder.
- Bluenesse® complies with highest quality and traceability standards, completed by phytochemical characterization

Bluenesse® - supports concepts for:

- Cognitive performance
- Well-aging Stress relief
- Weight management
- Health claim supporting blends are available on request

Specifications:

Appearance: Fine beige powder with a characteristic odor

Solubility: Freely soluble in 100 g/L in water

Loss on drying: < 5.0 %

Particle size: $100\% < 500 \mu m$ $95\% < 300 \mu m$

Foreign matter: not detected Rosmarinic acid: > 6 %
Muscarinic M1 receptor affinity yes
Microbiology: Ph. Eur. 7ed Cat. 5.1.4 complies

Pesticides (EC) NO396/2005: < 0.01 mg/kg (ppm)

Heavy metals (EC) NO1881/2006: complies



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